



The Crescent Primary School

Toynbee Road

Eastleigh

Hampshire

SO50 9DH

Telephone: 023 8061 2536

E-mail: adminoffice@crescent.hants.sch.uk

Website: www.thecrescentprimary.com

Headteacher:

Mr Mark Wartnaby

Deputy Headteacher:

Mrs Natalie Preston

Assistant Headteacher:

Mrs Simone Burrough

MHST Workshop: Challenging Behaviour

Dear Parents and Carers,

We are pleased to let you know that we will be hosting a workshop delivered by Eastleigh's Mental Health Support Team (MHST) on **Monday 16th November at 9:30am**.

The workshop will focus on **challenging behaviour** and will provide parents and carers with practical tools, strategies and ideas that can be used at home to support their child's emotional wellbeing and behaviour.

It will be an opportunity to explore ways of understanding and responding to children's behaviour, as well as developing approaches that can help support them with their emotions and everyday challenges.

If you would like to attend, please register using the link provided in the attached information.

If you have any questions, please do not hesitate to get in touch.

Warm regards,

Miss Bush

Mental Health and Wellbeing Lead

Reach for the Stars



Hampshire
County Council

