

WHY MIGHT A CHILD BE REFERRED?

Children may benefit from ELSA support if they need help with:

🤝 Friendships & Social Skills
⭐ Confidence & Self-Esteem
❤️ Understanding Emotions
☁️ Anxiety & Worries
😠 Managing Anger & Frustration
🦋 Change & Transitions
🕊️ Loss & Bereavement
🌱 Building Resilience

Referrals are made when emotional needs begin to impact a child's wellbeing, relationships or learning.



OUR PASTORAL TEAM

At The Crescent Primary School our trained ELSAs are:

Mrs Eldridge & Mrs Gigg

Working Together

Parents and carers play an important role in supporting children's emotional wellbeing. Please speak to your child's class teacher or contact the Pastoral Team if you have any questions or feel your child may benefit from ELSA support.



📞 Phone: 02380 612536

✉️ pastoral@crescent.hants.sch.uk

🌐 https://school.thecrescentprimary.com



THE CRESCENT PRIMARY SCHOOL

EMOTIONAL LITERACY SUPPORT ASSISTANT (ELSA)

Helping Children Grow Emotionally, Socially and Confidently.

🌳 Supporting children to understand their feelings, build resilience and develop positive relationships.



HOW DOES ELSA HELP?

ELSA helps children develop skills for life:

Recognise Feelings
Children learn to identify and understand their emotions.

⬇

Develop Strategies
Children learn healthy ways to cope with challenges.

⬇

Build Confidence
Children develop self-esteem and resilience.

⬇

Thrive
Children feel more confident, connected and ready to learn.

EVERY CHILD DESERVES THE OPPORTUNITY TO FLOURISH EMOTIONALLY AS WELL AS ACADEMICALLY.
🌳 **GROWING CONFIDENCE, RESILIENCE AND WELLBEING TOGETHER.**

THE CRESCENT PRIMARY SCHOOL

WHAT HAPPENS IN ELSA SESSIONS?

ELSA sessions are:

Sessions are:
✅ Child-centred
✅ Fun and engaging
✅ Tailored to individual needs
✅ Usually 20–30 minutes weekly
✅ Delivered individually or in small groups

Activities may include:

🎨 Art and creative activities
📚 Stories and books
🎭 Role play
🎲 Games and activities
💬 Talking and reflection
🧩 Problem-solving tasks

Children are encouraged to practise new skills and strategies in a supportive environment.





WHAT IS ELSA?

ELSA stands for:

Emotional Literacy Support Assistant.

ELSA is a skills-based programme that helps children develop the emotional skills they need to cope with everyday challenges. Our specially trained ELSAs provide a safe and nurturing space where children can:

✓ Understand their feelings
✓ Express emotions appropriately
✓ Build confidence and self-esteem
✓ Develop positive relationships
✓ Learn strategies to manage worries and challenges

ELSA is not counselling or therapy.
It is a short-term intervention focused on helping children develop lifelong emotional skills.