WHAT ARE PARENT SUPPORT APPOINTMENTS?

Parent Support Appointments offer a calm and confidential space where you can talk through challenges, explore ideas and find support that fits your family.
They are rooted in the Nurturing Programme, created and owned by the Centre for Emotional Health, and shaped by our pastoral experience in school.

You do not need to be part of the group course to attend.

These appointments are for any parent or carer who would benefit from a listening ear or practical guidance.

Many parents tell us they feel lighter, clearer and more confident after having time to talk things through with someone who understands children and school life.

Pastoral Support Team

Pastoral Support Team
Mrs Gigg (Cafi)
Mrs Eldridge (Marcia)

Pastoral Lead
Mrs Howard
Supports families with Early Help and external services when needed

Our role is to support families as well as children, helping everyone feel understood, connected and confident.



THE CRESCENT PRIMARY SCHOOL



Parent Support Appointments

A warm and friendly space for parents and carers who would like practical ideas, emotional support or guidance with routines and behaviour at home.

These sessions are relaxed, non judgemental and designed to help you feel heard, supported and understood.

BOOKING AN APPOINTMENT

Parent Support Appointments are free and available throughout the school year.

If you would like to book a session please speak to Mrs Gigg or Mrs Eldridge or contact the school office.

We are here to listen, support and help you find practical ideas that make home life feel calmer and more manageable.

WE WOULD LOVE TO WELCOME YOU!

📞 PHONE: 02380 612536

✉️ PASTORAL@CRESCENT.HANTS.SCH.UK

🌐 HTTPS://SCHOOL.THECRESCENTPRIMARY.COM

PASTORAL SUPPORT AND SIGNPOSTING

As the pastoral team, we can also help you access wider support.

In school we can offer:

📚 Social stories to help children understand routines, changes or worries
📅 Visual timetables and personalised resources
🌈 Calming strategies for emotional regulation
⭐ Support with friendships, confidence and self esteem
🏠 Shared resources for home to help with behaviour, routines and communication
💬 Regular check ins for children who need extra emotional support or scheduled 1:1 TALA or ELSA sessions.

💛 **Our aim is to help you feel supported both at home and in school.**

If we identify that additional help would benefit your family, we can arrange for **Mrs Howard, our Pastoral Lead,** to contact you directly. She supports families with access to Early Help and external services and can guide you through what is available locally.

Mrs Howard can help with:

🌿 Local wellbeing and parenting services
🤝 Early Help support
🏘️ Community groups and family hubs
🧩 Specialist services when needed
💻 Online resources that match your child's needs
🍎 Information about food vouchers and financial support schemes

WHAT WE CAN HELP WITH?

Our one to one sessions can support you with:

🌅 Top tips for calmer mornings and smoother evenings
🧩 Understanding behaviour and what might be underneath it
📅 Building routines that work for your family
💛 Emotional regulation for children and adults
💬 Talking through frustrations without feeling judged
🌈 Supporting children who feel anxious, overwhelmed or unsettled
🏡🏫 Bridging the gap between home and school so everyone feels understood
🌱 Helping you feel more confident in supporting your child's wellbeing

These sessions are gentle, practical and tailored to your family's needs.