How We Support Children

We use:

✅ Clear routines
✅ Visual timetables
✅ Positive reinforcement
✅ Calm-down strategies
✅ Small-group learning
✅ Adult modelling
✅ Safe and nurturing relationships

Our aim is to help every child feel secure, capable and ready to learn.

How You Can Help at Home

Simple activities make a big difference:

• Play turn-taking games
• Encourage small responsibilities
• Practise sharing
• Use "stop and think" language
• Talk about feelings
• Read stories together and discuss choices characters make

Everyday moments help build executive function skills.

Working Together



We believe children thrive when home and school work together.

If you have questions or would like ideas to support your child at home, please speak to:

Mrs Eldridge/Mrs Gigg - Pastoral Team

Or

speak to your child's class teacher.

Together we can help children feel safe, supported and understood.

📞 **Phone: 02380 612536**

✉️ **pastoral@crescent.hants.sch.uk**

🌐 **https://school.thecrescentprimary.com**

Building confidence, friendships and skills for a successful start in school.

THE CRESCENT PRIMARY SCHOOL

SCHOOL SKILLS PROGRAMME

Parent Information Leaflet

Helping children feel:

✅ Confident
✅ Calm
✅ Connected
✅ Ready to Learn

Through play, routine and positive relationships, our 10-week programme supports children to develop the important skills they need for a successful start at school.



What Are Executive Function Skills?



Executive Function (EF) skills are the brain's "control centre".

They help children:

- focus and pay attention
- remember instructions
- manage emotions
- stop and think before acting
- solve problems
- get along with others

Strong EF skills support children to become independent, resilient learners.



Why Are They Important?

Children with strong EF skills find it easier to:

✔️ follow routines
✔️ listen and learn
✔️ make friends
✔️ share and take turns
✔️ cope with challenges
✔️ join in confidently

These are the building blocks for school success.

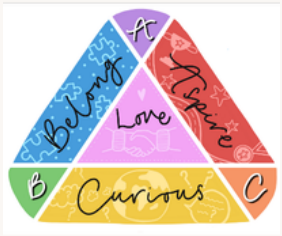


What Happens in the Programme?

Children attend:
Two 1-hour sessions each week
Small supportive group
Each session includes:

🟢 Calm welcome and routine
🟢 Short teaching activity
🟢 Structured play (Lego, board games, puzzles, crafts)
🟢 Adult support and modelling
🟢 Snack-time reflection
🟢 Positive ending

Children learn through play, practice, repetition and encouragement.





Our 10-Week Programme

Weekly Focus

1. Belonging
2. Red & Green Choices
3. Kind Hands, Kind Feet, Kind Words
4. NSPCC PANTS
5. Making Friends
6. Sharing
7. Turn Taking
8. Sitting & Listening
9. Revisit & Practice
10. Celebrating Success

Skills Developed

- Emotional regulation
- Attention and listening
- Self-control
- Flexible thinking
- Friendships
- Problem-solving